REGISTRATION & PAYMENT

- **Registration Fee**
  - RM 50.00 (Student)
  - RM 80.00 (Staff)

- **Payment Methods**
  1) Vote Transfer: 64311
  2) Online Transfer
     - Bank: CIMB Bank
     - Account No: 8002151963
     - Beneficiary: Kira Kira Am UPM
     - Swift Code: cibbmykl
  3) Cash (Walk-in)

*Please fill in Borang Permohonan / Kebenaran Mengikuti Latihan (SOK/LAT/BR02/Latihan02)

TENTATIVE

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<tr>
<th>Time</th>
<th>Activities</th>
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</thead>
<tbody>
<tr>
<td>08.30 am – 09.00 am</td>
<td>Registration &amp; Breakfast</td>
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<tr>
<td>09.00 am – 09.30 am</td>
<td>Doa &amp; Officiation</td>
</tr>
<tr>
<td>09.30 am – 11.00 am</td>
<td>Introduction to NLP</td>
</tr>
<tr>
<td>11.00 am – 12.00 pm</td>
<td>Know Yourself</td>
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<tr>
<td>12.00 pm – 01.00 pm</td>
<td>NLP Techniques</td>
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<td>01.00 pm – 02.30 pm</td>
<td>Lunch</td>
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<td>02.30 pm – 04.30 pm</td>
<td>Activities &amp; Applications</td>
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<td>04.30 pm – 05.00 pm</td>
<td>Refreshment / End of Program</td>
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CONTACT

Please submit the Registration Form to:
Pn. Siti Zulaika Razali
zulaika@upm.edu.my

Sharing Session “Neuro-Linguistic Program” for Researchers

1st AUGUST 2018
Seminar Hall,
Institute of Advanced Technology
8.30 am – 5.00 pm

www.itma.upm.edu.my
Dr. Che Azurahanim Che Abdullah
A Researcher, NLP Practitioner and Adventurer

Senior lecturer at Department of Physics, Faculty of Science, UPM.

Gather, learn and apply as much wisdom and knowledge in her own life as possible.

Trained by Master Trainer Azlan Chulan, the Founder of QTF Consulting Sdn Bhd.

NLP, Psychonumerology & Aura Insani Practitioner.

Help others understand how to get the most from their mind to create a dreams’s success.

WHAT IS NLP?

Neuro: How we think?

What is NLP?

Programming: Patterns of Behaviour and Emotions

Linguistic: Verbal and non-verbal communication

NEURO
• Thinking patterns.
• Coding of experience and learning by the brain.
• Thinking affects results.
• Thinking affects our (subjective) experience.

LINGUISTIC
• Understanding the language of the mind.
• Using persuasive language.
• Using body language.
• Influencing behavior and elicit specific responses by use of advanced tools of verbal and non-verbal communication

PROGRAMMING
• Installing, creating and improving strategies for thinking.
• Using thought patterns to program specific desired outcomes.
• Learn how to run the brain to achieve excellence and resolution to problems.

Improve Communication Skills
Process Information Using Five Senses
Transform Into a Better Person