



Putra Sarjana Seminar
SCHOOL OF GRADUATE STUDIES
ensuring quality in postgraduate education

YOUR RESEARCH JOURNEY: MAKE IT EXCITING!

Tuesday | 4th March, 2014 | 10.00 AM - 12.00 PM

Main Lecture Hall of the Faculty of Biotechnology, UPM

Facilitator: Emeritus Professor Dato' Dr. Sheikh Omar Abdul Rahman

This two-hour seminar is intended to assuage the intimidation that students who are pursuing their postgraduate studies and research, not only by the daunting task of completing their research activities but also by the procedural requirements of their study programme. Since research conducted during the course of a degree is a battle against time, students will also be provided helpful tips on the most effective and stress-free methods of carrying out their research activities by avoiding repetition and monotony.

This practical introduction to well proven tips will enhance the skills and confidence of postgraduate students in their research. Many research students have also found it invaluable for brushing up their basic skills, getting a fresh insight into effective approaches and renewed confidence in their ability.

The seminar is designed to help universities to:

- ✓ Enhance a postgraduate's student intellectual atmosphere.
- ✓ Create a professional, supportive community for research students.
- ✓ Cope with the stress management of while carrying out their research activities.
- ✓ Boost the postgraduate's student's confidence with an in-depth guide to your research journey with effective tips on Stress management, Emotional Quotient and Critical thinking.
- ✓ strive towards building a first class self and take responsibility for your total well-being.

All fees must be fully paid before commencement of the course. Otherwise, participants will not be allowed to enter the lecture hall. Students can register for the courses by email: putrasarjana2014@gmail.com or at **Putra Sarjana Office, SGS 2, UPM** or contact **Mr. Mohd Fariq Ismail**.

You can also promote this programme to your friends in and outside the University!

- ✚ Fee : Free (UPM students)
- ✚ RM 50.00 (non UPM students)
- ✚ Only 300 seats available

All UPM Postgraduate are Welcome



Learning Support Unit
School of Graduate Studies
Universiti Putra Malaysia
43400, Serdang, Selangor

Tel : +03-89464229 | Faxes : +03-89464174

Web : <http://www.sgs.upm.edu.my>

Email : fariq@upm.edu.my

Profile of Facilitator



Emeritus Professor Dato' Dr. Sheikh Omar Abdul Rahman spent the last 38 years in teaching and research in Universiti Putra Malaysia (UPM). He received his formal training in the University of Queensland, Australia and the University of Saskatchewan, Canada. He was admitted to the membership of the Royal College, London in 1977. He served as the chairman of Nobel Laureate Malaysia (MOHE) and Ministry of Science and Technology and Innovation Malaysia *MOSTI) (1997 – 2001). He also served as a member of the Research University Steering Committee of MOHE.

As a scientist, Emeritus Professor Dato' Dr. Sheikh Omar received the highest recognition in the country when he was made Fellow of the Academy of Sciences Malaysia (FASc), Fellow of Malaysian Scientific Association (FMSA), Fellow of Veterinary Association Malaysia (FVAM) and President of the Malaysian College of Veterinary Specialist (MCVS).

Emeritus Professor Dato' Sheikh Omar served UPM as a lecturer/associate professor/professor from 1974 to 2011 and was dean (1997 – 2001). As Director of Corporate Planning (2009 – 2011), he was responsible for formulation of strategic plans for the whole university, quality accreditation of all faculties, institutes, laboratories and other entities in UPM. He was awarded the Emeritus Professorship by UPM in March 2012.

Emeritus Professor Dato' Sheikh Omar is a certified NLP Practitioner. He regularly speaks on the impact (transformational) leadership, EQ, strategic planning facilitation, mind-set change, change management, building empowered teams, continuous improvement and quality management system. He delivers practical knowledge, useful tools and a motivation that lasts, challenging his audience assumptions and tickles their sense of humour. He believes that by encouraging and communicating in an entertaining and positive way, people will begin to wake up and take responsibility for their total well-being, change their behaviour and realize their dreams.

Emeritus Professor Dato' Sheikh Omar's devotion in the field of speaking and training has made him a frequent speaker to public sectors as well as private entities in Malaysia and internationally (UK, Turkey, Doha, Oman, Yemen, Sri Lanka, Korea, Indonesia and Singapore). He was given the privilege to serve as President of the Malaysian Association of Professional Speakers (MAPS, 2006 – 2008).