

HEALTH EXAMINATION GUIDELINES

1. PLEASE READ THE INSTRUCTIONS CAREFULLY BEFORE FILLING IN THE FORM.
2. PLEASE FILL IN THE FORM IN **ENGLISH LANGUAGE**.
3. PLEASE WRITE IN **CAPITAL LETTERS**.
4. THIS FORM HAS 2 SECTIONS
 - SECTION 1 (PART A AND B) TO BE FILLED BY THE CANDIDATES
 - SECTION 2 TO BE FILLED BY THE EXAMINING DOCTOR
5. PLEASE COMPLETE ALL THE TESTS REQUIRED IN THIS FORM.
6. PROSPECTIVE CANDIDATES ARE **STRONGLY ADVISED** TO UNDERGO VACCINATION FOR **HEPATITIS B** BEFORE JOINING UNIVERSITY PUTRA MALAYSIA.
7. PLEASE ATTACH ALL THE **ORIGINAL** LABORATORY RESULTS AND THE RESULTS MUST BE REPORTED IN **ENGLISH**.
8. THE UNIVERSITY / COLLEGE **ONLY ACCEPTS** MEDICAL EXAMINATION DONE WITHIN **60 DAYS** BEFORE REGISTRATION OR WITHIN **30 DAYS** AFTER REGISTRATION.
9. PLEASE BRING ALONG THE CHEST X-RAY FILM AND REPORT.
 - a PLEASE ENSURE THE X-RAY FILM IS **LABELLED** WITH YOUR NAME AND DATE TAKEN **(IN ENGLISH)**
 - b CHEST X-RAY MUST BE DONE **WITHIN 6 MONTHS** PRIOR TO REGISTRATION
10. THE UNIVERSITY / COLLEGE RESERVES THE RIGHT TO **REPEAT** FULL MEDICAL CHECK – UP OR ANY SPECIFIC LABORATORY TESTS SHOULD THERE BE **ANY DOUBT** IN THE MEDICAL REPORT SUBMITTED. ALL COSTS INVOLVED SHALL BE BORNE BY THE CANDIDATES.
11. THE UNIVERSITY / COLLEGE RESERVES THE RIGHT TO **REJECT** ANY APPLICATION:
 - (a) BASED ON THE RESULTS OF THE HEALTH EXAMINATION; OR
 - (b) SHOULD THERE BE ANY EVIDENCE THAT APPLICANT HAS GIVEN FALSE INFORMATION IN THE HEALTH EXAMINATION REPORT OR ANY SUPPORTING DOCUMENTS.
12. IT IS STRONGLY RECOMMENDED THAT THIS HEALTH EXAMINATION BE **PERFORMED IN MALAYSIA** BY MALAYSIAN MEDICAL PRACTITIONERS TO ENSURE **COMPLIANCE** WITH THE **MALAYSIAN MINISTRY OF HEALTH GUIDELINES**.

Terms and regulation for Health-related Disorder for Admission of International Students by Malaysia's Ministry Of Higher Education.

1. Communicable Disease

| Type of disease/disorder | Example | Registration/admission |
|--|--|---|
| <ul style="list-style-type: none"> Contagious Recover is expected to be difficult and delayed | <ul style="list-style-type: none"> HIV/AIDS Hepatitis B Hepatitis C | <ul style="list-style-type: none"> Registration/admission is prohibited |
| <ul style="list-style-type: none"> Contagious Expected to recover with treatment | <ul style="list-style-type: none"> Tuberculosis | <ul style="list-style-type: none"> Registration/admission must be deferred until treatment in home country is completed Deferment should not be for more than two semester Registration requires confirmation from the physician in charge that treatment has been completed |
| <ul style="list-style-type: none"> Contagious Expected to recover with treatment | <ul style="list-style-type: none"> Malaria Typhoid Syphilis | <ul style="list-style-type: none"> Registration/admission is allowed only after treatment is completed in home country |
| <ul style="list-style-type: none"> Contagious disease that are declared as epidemic by the Malaysian Ministry of Health | <ul style="list-style-type: none"> Japanese Encephalitis SARS Avian flu | <ul style="list-style-type: none"> Registration/admission is prohibited |

2. Non - Communicable Disease

| Type of disease/disorder | Example | Registration/admission |
|---|---|--|
| <ul style="list-style-type: none"> An attack that may harm the student or other | <ul style="list-style-type: none"> Epilepsy Schizophrenia | <p>A report is required from the treating specialist. May be accepted for registration/admission if any of the following is met:</p> <ul style="list-style-type: none"> Symptom-free for > 12 months Treatment is completed |
| <ul style="list-style-type: none"> Disease or disorder is expected to continue for an unspecified time Apparent and serious symptoms Long treatment schedule | <ul style="list-style-type: none"> End stage renal failure requiring dialysis Cancer | <ul style="list-style-type: none"> Registration/admission is prohibited |
| <ul style="list-style-type: none"> Addiction that is direct violation of the Malaysian laws | <ul style="list-style-type: none"> Drugs Morphine Canabis Ampethamine Metampethamine | <ul style="list-style-type: none"> Registration/admission is prohibited |
| <ul style="list-style-type: none"> Requires continuous medication No serious symptoms Treatment not affecting study | <ul style="list-style-type: none"> Hypertension Diabetes Mellitus | <ul style="list-style-type: none"> May register if treatment does not affect study |

SECTION 1

(PART B) – Please tick (✓) in the relevant box.

Declaration of self and family illness. Explain in full if you or your family has any of the following illnesses.

* Immediate family refers to father, mother, brothers / sisters

| MEDICAL PROBLEMS | SELF | | *IMMEDIATE FAMILY | | If “Yes” please state. |
|---|------|----|-------------------|----|------------------------|
| | Yes | No | Yes | No | |
| 1. AIDS, HIV | | | | | |
| 2. Hepatitis B/C | | | | | |
| 3. Tuberculosis | | | | | |
| 4. Drug addiction | | | | | |
| 5. Congenital or inherited disorder | | | | | |
| 6. Allergy | | | | | |
| 7. Mental illness | | | | | |
| 8. Fits, stroke, other neurological disease | | | | | |
| 9. Diabetes Mellitus | | | | | |
| 10. Hypertension | | | | | |
| 11. Heart or vascular disease | | | | | |
| 12. Asthma | | | | | |
| 13. Thyroid disease | | | | | |
| 14. Kidney disease | | | | | |
| 15. Cancer | | | | | |
| 16. History of surgery | | | | | |
| 17. Other illnesses | | | | | |

Current medication (Long term)

| IMMUNIZATION HISTORY | DATE IMMUNIZED | | | | |
|------------------------------|----------------|--|--|--|--|
| 1. Yellow fever | | | | | |
| 2. BCG | | | | | |
| 3. Typhoid | | | | | |
| 4. Meningitis (Quadrivalent) | | | | | |
| 5. Hepatitis B | | | | | |
| 6. Others | | | | | |

I hereby certify that the information given above is true. I understand that my application will be rejected if there is any false information given.

.....
Date

Signature of candidate

SECTION 2 - PHYSICAL EXAMINATION

To be filled by examining doctor

| 1. BASIC MEASUREMENT | |
|--|--|
| HEIGHT : _____ m | BLOOD PRESSURE : _____ mmHg |
| WEIGHT : _____ kg | PULSE RATE : _____ / min |
| VISION TEST : Unaided : (R) _____ (L) _____ Aided : (R) _____ (L) _____ | COLOUR BLIND TEST : NORMAL / ABNORMAL |

| 2. GENERAL EXAMINATION | | | |
|------------------------|-----|----|---------|
| ITEM | YES | NO | COMMENT |
| a. DEFORMITIES | | | |
| b. PALLOR | | | |
| c. CYANOSIS | | | |
| d. JAUNDICE | | | |
| e. OEDEMA | | | |
| f. SKIN DISEASES | | | |

| 3. SYSTEMIC EXAMINATION | | | |
|--------------------------------|--------|----------|---------|
| ITEM | NORMAL | ABNORMAL | COMMENT |
| a. EYES (including funduscopy) | | | |
| b. EARS | | | |
| c. NOSE | | | |
| d. ORAL CAVITY / THROAT | | | |
| e. NECK | | | |
| f. HEART | | | |
| g. LUNGS | | | |
| h. ABDOMEN / HERNIA ORIFICES | | | |
| i. NERVOUS SYSTEM | | | |
| j. MENTAL CONDITION | | | |
| k. MUSCULOSKELETAL SYSTEM | | | |

SECTION 3 - INVESTIGATIONS

| URINE TEST | | |
|---------------------|-------------------|---------------|
| ITEM | DATE TAKEN | RESULT |
| a. ALBUMIN | | |
| b. SUGAR | | |
| c. MICROSCOPIC | | |
| d. MORPHINE | | |
| e. CANNABIS | | |
| f. AMPHETAMINES | | |
| g. METHAMPHETAMINES | | |

| BLOOD TEST | | |
|-------------------------|-------------------|---------------|
| ITEM | DATE TAKEN | RESULT |
| a. HEPATITIS B ANTIGEN | | |
| b. HEPATITIS B ANTIBODY | | |
| c. HEPATITIS C | | |
| d. HIV | | |
| e. VDRL / TPHA | | |
| f. MALARIAL PARASITE | | |

| CHEST X-RAY INFORMATION | |
|--------------------------------|--|
| CHEST X-RAY NO. | |
| DATE TAKEN | |
| PLACE TAKEN | |
| REPORT | |
| | |
| | |

SECTION 4 - CERTIFICATION BY THE EXAMINING DOCTOR

Please tick (√) in the appropriate box

I certify that I have on this date _____ examined

Mr / Ms _____ Passport No. _____

and found him / her :-

IN GOOD HEALTH

FOUND TO HAVE (Please State)

HAS MEDICAL PROBLEM (Please State)

IS UNDERGOING TREATMENT FOR: (Please State)

Date _____

Signature of Doctor : _____

Name of Doctor : _____

Qualification and : _____

Official stamp of Clinic

Remarks By University Official :

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Please tick (√) in the appropriate box

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